

*All classes are free  
& open to the public!*

## Fall 2010 Class List

Join us this fall for some great classes that are sure to enrich your life and help you on some very practical levels. Some classes are limited in size and will be filled on a first come basis.

*Call 288-0863 today to register.*

Here is a list of classes available this fall:

Nutrition class  
Joyful Images Photography  
Parenting skills  
Construction skills  
Math tutoring  
Does my child use drugs?  
Anger management  
Reading classes



A neighborhood  
outreach of  
Joy Community Church

## The Learning Center Community Education

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[WWW.JOYCC.INFO](http://WWW.JOYCC.INFO)

# The Learning Center at the Gerhardt Neighborhood Outreach Center

## Community Education

Fall  
2010  
Class  
Listing

## Nutrition class Joyful Images Photography

### Nutrition class

Food! What a great word. But what can we do with it? Want to learn some new things about food? Perhaps find some new ideas



for meals and how to shop? Would you like to spend less on food and still be satisfied? There will be lots of room for questions and answers in this four week class. Join us on Tuesday afternoons at 1:00 pm starting on November 2nd.

### Joyful Images Photography

*Getting to know and love your digital camera.*

In this course we will take time in each class to discuss the many technical marvels of digital cameras. But don't let that scare you, understanding those things will help you know why some pictures come out good and others do not. We will challenge ourselves to look for better elements of style and composition to make our photos better. We will learn from each other as well as look at other photographers work to be inspired. This class will run for 6 weeks starting on Monday Nov. 1st. from 7-8:30 pm and is limited to 8 people.

## Parenting skills Anger management Does my child use drugs?

Fall

2010

### Parenting Skills Seminar

This exciting seminar will offer an opportunity to learn from parents who have "been there and done that" when it comes to raising kids. You will have the chance to hear about both their successes and failures and what they have learned along the way. This one day event which will be held on Saturday November 6th from 9-11 am will include a panel discussion along with questions and answers. Some of the topics covered include:

- Effective Discipline in Raising Obedient Children*
- Raising children with Special Needs*
- Successfully raising kids even when the cards are stacked against you*
- Single parent challenges*
- Understanding each child's uniqueness*

### Anger Management

*The origin of anger and its management at home or work.*  
This class is made up of three sessions that include identifying where anger comes from, what to do with your anger and learning how to express yourself in a positive way through assertive communication. Join us on Wednesday evenings from 7-8:30 pm starting on November 3rd.

## Construction skills Reading classes Math tutoring

### Does my child use drugs?

This very helpful seminar takes an honest look at the signs that can help you tell if your children are abusing drugs. It will be held on Saturday November 13th from 9-11 am.

### Construction skills

This practical, hands on class will include the use of construction tools and safety on the job site. Get ready to roll up your sleeves and learn some practical skills along the way in this 3 week class that starts on Saturday November 20th from 9-11 am.

### Reading classes & math tutoring

Do you want to learn to read better or just get through that book faster? How about learning some easy ways to improve your math skills and see the many jobs that are available for those with a solid math background? We have help available for you both one on one and in small group sessions to position you to succeed. Assistance is available for kids and adults alike. We are happy to work with you for as long as you like to assist in improving these vital life skills. *Call today to set up a tutoring session.*

***GNOC Learning Center Classes — Nov. & Dec. 2010***  
***All classes are free & open to the public. Call 288-0863 to register today!***